



Houston Highway Credit Union

8120 Washington Avenue
Houston, TX 77007

Website

www.houstonhighwaycu.com

Phone

713-864-4438

Toll-Free | 1-800-354-3541

Fax | 713-864-1714

CU Services Centers

Visit www.co-opsharedbranch.org
for a location near you

Vision Statement

To Create and Develop Beneficial Financial Relationships with Everyone Possible.

Mission Statement

To Provide Superior Financial Services for all Stages of Life.



Resource Manual



Federally Insured by NCUA



WE'RE HERE
FOR YOU.

MORE THAN A
CREDIT UNION,
WE'RE FAMILY.

Let Houston Highway Credit Union get you on the road to financial success. We are a member owned, not-for-profit financial co-operative that provides savings, credit and other financial services.

Houston Highway Credit Union is happy to provide this Resource Guide for Our Members and Community for area codes:

*77002, 77003, 77007, 77008, 77009, 77018, 77020, 77022, 77024, 77026,
77027, 77036, 77055, 77056, 77057, 77080, 77088, 77091, 77092*

While every effort has been made to avoid mistakes, Houston Highway Credit Union assumes no responsibility for errors or omissions.

Food Resources

Name	Address	Phone
Houston Food Bank <i>Mon-Fri 2:00pm - 7:30pm, Sat 9:00am - 3:30pm, Sun 9:00am - 11:30am</i>	535 Portwall St.	713-223-3700
77002		
Co-Cathedral of Sacred Heart <i>3rd Sat. 8:00 am - Food Runs Out, *Dates can vary</i>	1701 San Jacinto St.	713-659-1561
Tellepsen YMCA Food Pantry <i>Mon. - Thurs. 9:00 am - 4:00 pm</i>	1808 Pease St.,	713-659-8501
77003		
Berean SDA <i>Wed, 6:30 pm - 8:00 pm, 3rd Sat. 1:00-4:00pm</i>	2119 St. Emmanuel St.	713-654-8945
Catholic Charities <i>Tues-Thurs 9am - 1pm, Mon/Fri 8am - 5pm only by Appointment</i>	326 S. Jensen Dr.	713-227-9981
77003		
Casa Juan Diego - Pantry <i>Thurs 4:00pm - 5:00pm</i>	4818 Rose St.	713-869-7376
Impact Houston <i>Tues. and Wed. 8:30am - 10:30am</i>	1704 Weber St.	713-864-5667
St. Joseph Catholic <i>Mon-Thurs 9:00am - 12:00pm, 1:30pm - 3:30pm</i>	1505 Kane St.	713-222-6193
77008		
Grace UMC Heights <i>Thurs 2:00pm - 4:30pm</i>	1245 Heights Blvd.	713-862-8883
All Saints Catholic Church <i>Mon/Tues/Thurs 9:00am - 10:30am, Wed 6:00pm - 7:30pm</i>	215 E. 10th St.	713-864-2653
77009		
Baker Ripley-Castillo <i>Mobile - varies</i>	2101 South St.	713-380-2255
Emmanuel Baptist Church <i>1st/3rd Sun 12:30pm - 2:00pm</i>	809 Northwood St.	713-869-1786
Heights Interfaith Ministries <i>Thurs 5:00pm - 7:00pm, Sat 10:00am - 12:00pm</i>	3523 Beauchamp St.	713-861-6155
Mission Centers - Houston Gano <i>Mon 1:00pm - 2:00pm, Tues 9:00am - 11:30am & 1:00pm - 2:30pm, Wed 9:00am - 11:30am</i>	1815 Gano St.	713-227-0304

Government Programs

Help in the Home
DADS-Provider has an income and asset eligibility as well as functional criteria, 713-692-1635 Children—www.navigatelifetexas.org
Assistance with Medicare Costs 1-800-252-8263 or call 211
Medicaid QMB—pays 20% of Medicare bill and the Medicare Part B monthly premium and deductible (insurance coverage for the elderly and/or disabled who meet financial criteria) Medicaid SLMB—pays the Medicare Part B monthly premium (has financial criteria) Medicaid Q1-1--- pays the Medicare Part B monthly premium (you cannot have both a DADS Provider and Q1-1) (has financial criteria)
Transportation
SSI Medicaid (not QMB Medicaid) has transportation for medical appointments; each Medicaid Insurance company for Harris County has their transportation; state number is 1-877-MED- TRIP call M-F 8:00pm-5:00pm

Government Information

Medicare

For people who have worked 40 quarters and put into federal Medicare program and who meet the criteria for access, either through the retirement age or disability approval; insurance that pays for 80% of approved Medicare expenses; 1-800-Medicare (1-800-633-4227) or www.medicare.gov.

Medicaid

For people who have not worked 40 quarters and/or put into the federal Medicare program and who meet the criteria for use, financial and/or functional abilities (disability with income/assets less than yearly set criteria); insurance that pays approved medical expenses; in Harris County you must enroll in an insurance program for Medicaid; this type of Medicaid is called SSI Medicaid as it is a full insurance unlike QMB Medicaid that only covers 20% of Medicare approved expenses or is a supplement to Medicare. 1-800-633-4227

Social Security

Social Security — 1-800-772-1213; www.SSA.gov

Disability — SSDI is given to people who meet the criteria of having worked at least 40 quarters and put into the federal system and who are now unable to work due to illness or injury for the duration of life and they are under the age of 65 (Medicare eligibility age); after on SSDI for 2 years.

SSI — given to people who have not worked the 40 quarters and who are now unable to work due to illness or injury for a long period of extended time; you can also obtain SSI if you are elderly and meet the financial criteria.

Dependent — is given to a person who is a child (can go into adulthood) of a person who put into the social security system; child must meet the disabled criteria and they receive a monthly check based on the person's reported income.

Survivor — is a person who is a child or widow (er) of a person who put into the social security system; child receives benefits until their 18th birthday; widow(er) receives benefits until they remarry; person receives a monthly check based on the deceased person's reported income.

Offices — 16200 Dillard Dr. Jersey Village;
8989 Lakes at 610 Dr.

Food Resources - cont.

Name	Address	Contact
77009-cont.		
SVDP St. Anne de Beaupre 713-869-1319; Fri 8:00am – 11:00am	2810 Link Rd.	713-869-1319
Victory Family Ministries Mon 11:00am – 4:00pm	222 Royder St.	713-699-4357
Wesley Community Center Mon – Fri 8:00am – 5:00pm	1235 Lorraine St.	713-223-8131
77018		
SVDP St. Rose of Lima Wed/Thurs/Sat 9:30am – 11:30am	3737 Brinkman St.	713-869-1319
77020		
Anderson Memorial COGIC 2nd/4th Tue 4:00pm – 5:30pm	1508 Gregg St.	713-222-0373
77022		
Greater First MBC 2nd Mon 9am – 2pm, 4th Sat 9:00am – 2:00pm	4441 Haygood St.	713-695-9123
Mainstream Connection Mon-Fri 10:00am – 2:00pm	415 E. Crosstimbers St.	832-831-1688
77024		
Iglesia Fuente de Esperanza Sat 11:00am – 1:00pm	11612 Memorial Dr.	832-358-8003
77026		
Prison Prevention Ministry 4th Sat 1:00pm-5:00pm	2619 Sumpter St.	832-552-7407
77027		
Christian Community Services Mon-Fri 10:00am-2:00pm, Sat 9:00am-12:00pm	3434 Branard St.	713-961-3993
77036		
ICNA Relief Pantry Tues-Fri. 4:00pm-6:30pm, Sat 12:00pm-2:00pm	5645 Hillcroft Ave. Suite #405	832-302-1681

Food Resources - count.

Name	Address	Contact
77055		
Fair Haven Food Pantry <i>Mon-Fri 10:00am-2:00pm</i>	1330 Gessner Rd.	713-486-3276
Holy Cross Lutheran Church <i>Mon/Tues/Thurs 11:00am-2:00pm</i>	7901 Westview Dr.	713-686-8253
Houston 1st Baptist Church <i>Mon-Thurs & Sat 10:00am -1:00pm</i>	8244 Long Point Rd.	713-554-8801
77056		
St. Martin's Episcopal Church <i>Variable times @St. MATEO Episcopal Church</i>	717 Sage Rd.	713-621-3040
77057		
AIDS Foundation of Houston <i>Variable times @St. MATEO Episcopal Church</i>	6260 Westpark Dr. Suite #100	713-623-6796
We Care Inc. <i>4th Sat 9:00am-11:00am</i>	6220 Westpark - Dr.#212	713-664-2273
YMCA International <i>Mon 3:00pm-7:00pm, Wed 10:00am-2:00pm, Fri 10:00am-2:00pm, 1st Sat 9:00am-1:00pm</i>	6300 Westpark Dr. Suite #600	713-339-9015
77080		
St. Jerome Vincentian Ctr. <i>Mon-Thurs 9:30am - 12:00pm</i>	8825 Kempwood Dr.	713-468-9555
77088		
Annette Strawder HTH <i>Tues 10:00am-2:00pm</i>	8787 N. Houston Rosslyn Rd.	713-862-5117
Hebron SDA <i>3rd Wed 9:30am-2:00pm</i>	7902 Wheatley St.	281-931-6012
St. Monica Catholic Church <i>Mon, Tues, Thurs, Fri 10:00am - 12:00pm, 3rd Sat of Month</i>	8421 W. Montgomery Rd.	281-447-5837
77091		
Christian Outreach Center <i>1st/2nd Wed 11:00am-2:00pm</i>	4333 W. Little York Rd.	713-683-0847
Fisher of Men Outreach Mission <i>Wed 11:00am-1:00pm</i>	902 Granville Dr.	713-699-3121
St. Andrews UMC <i>2nd/4th Tues 11:00am-1:00pm</i>	6235 Maybell St.	713-695-6647



Senior Information

Senior Centers	Address
Greater Northside Houston Senior Center.....	2500 Campbell St. 77026
Lighthouse Multicare Center.....	3602 3602 W. Dallas 77019
Robinson Senior Center.....	422 Ledwicke St. 77029
Westend Multi-Purpose Center.....	170 Heights Blvd Bldg. 2 77007
Senior Programs in the Houston Area	Contact
Alzheimer's Association:	alz.org; 1-800-272-3900
(AARP)American Association of Retired Persons	aarp.org; 888-687-2277
American Parkinson's Disease Association....	apdaparkinson.org; 1-800-223-2732
American Society on Aging.....	aging.org; 1-800-537-9728
Argentum.....	alfa.org; 1-703-894-1805
Children of Aging Parents.....	1-800-227-7294
Elder Abuse Hotline.....	nccaafv.org or ncea.aoa.gov; 1-800-677-1116
Family Caregiver Alliance.....	caregiver.org; 1-800-445-8106
Harris County Area on Aging.....	832-393-4301
HERO [Helping Ederly Residents Out].....	713-932-3996
Leading Age: leadingage.org.....	1-202-783-2242
Meals on Wheels, National Office.....	mowaa.org; 1-888-998-6325
Medicare.....	medicare.gov; 1-800-Medicare or 1-800-633-4227
National Stroke Association.....	stroke.org; 1-800-787-6537
Senior Centers Information.....	1-800-339-4661
Senior Corps—RSVP.....	seniorcorps.org, 1-800-942-2677
Social Security Administration.....	ssa.gov 1-800-772-1213
Veteran's Assistance.....	va.gov; 1-844-698-2311
Transportation Resources	Contact
HERO Elderly, Medical, & Grocery.....	www.herohouston.org/713-932-3996
<i>For Zip Codes: 77024, 43, 55, 79, & 80.</i>	
Metro-bus service.....	www.ridemetro.org 713-635-4000
<i>Metro-Rail has accessibility for wheelchairs & bikes w/reduced rates for the elderly and disabled.</i>	
Metrolift.....	713-225-6716
<i>For the disabled and elderly who meet functional criteria.</i>	
Red Cross.....	713-526-8300
<i>Medical Appointments</i>	
United Way of Greater Houston.....	713-685-2300
<i>Medical Appointments</i>	



Resources-cont.

Name	Address	Contact
Overall Assistance - cont.		
MANNA		713-682-7556
Memorial Assistance Ministries		713-468-4516
Neighborhood Centers		713-667-9400
Salvation Army of Houston		713-752-0677
Society of St. Vincent de Paul		713-741-8234
St. Joseph Social Ministry		713-222-8903

Food Resources - cont.

Name	Address	Contact
77092		
Brookhollow Baptist Church Wed/Sat 10:00am-12:00pm	5314 Bingle Rd.	281-649-6800
Pathways Church of Houston Mon/Tues/Fri 10:00am-12:00pm	5900 Pinemont Dr.	832-529-2809

Rent and Utilities

City of Houston Housing and Community Development Harris County	601 Sawyer St.	713-868-8300
Community Services	9418 Jensen Dr.	713-696-7900
MANNA Ministry Assistance of Near Northwest Alliance	2101 West 34th	713-240-7534
Memorial Assistance Ministries	1625 Blalock Rd.	713-468-4516
Salvation Army	2208 Washinton Ave.	713-869-3551
Wesley Community Center	1410 Lee St.	713-223-8131

www.rentassistance.us is a directory of agencies that provide rental assistance to residents

Housing

Name	Address	Contact
Affordable Senior Housing		
Fulton Gardens	3724 Fulton St.	713-692-1801
Heights House Apts.	1950 Heights Blvd.	713-880-1441
Houston Heights Towers	330 W. 19th St.	713-862-8058
Independence Hall	6 Burress St.	713-692-6237
Independent Heights	109 E. Whitney	713-699-2846
Lakeview Place	8950 Hammerly Blvd.	713-984-9003
Independent Heights	109 E. Whitney St.	713-699-2846
Pecan Grove Manor	600 E. Rogers St.	713-692-2436
The Pinemont	6000 Pinemont Dr.	713-957-4430
William Booth Garden	808 Frawley St.	713-692-4186
Woodland Christian Towers	600 E. Tidwell Rd.	713-692-2439
Assisted Living		
Advanced Quality Assisted Living Inc.	717 Lehman St.	713-864-0627
Autumn Grove Cottage of The Heights	1405 W. 24th St.	713-489-1309
Brookdale Galleria	2929 Post Oak Blvd	713-993-9999
Brookdale Heights	2121 Pinegate Dr.	713-861-9952
The Forum at Memorial Woods	777 N. Post Oak Rd.	713-956-0870
The Cotton of Spring Branch	1842 Hollister Rd.	713-461-1500
Village in the Heights	1407 Studewood St.	713-802-9700
Continued Care Community		
Brookdale Galleria	2929 Post Oak Blvd.	713-993-9999
Brookdale Heights	2121 Pinegate Dr.	713-861-9952
The Forum at Memorial Woods	777 N. Post Oak Rd.	713-956-0870
Disabled Community		
Heights Manor Apartments	1127 Herkimer St.	713-862-1981
Lakeview Place Apartments	8950 Hammerly Walk	713-984-9003

Resources-cont.

Name	Address	Contact
Health Care Services		
Salvation Army Adult Rehab Center	2118 Washington Ave.	713-869-3551
Thomas Street Clinic	2015 Thomas Street	713-874-4000
Health Care Services		
Amada Senior Care		877-442-6232
At Your Side Home Care		832-271-1600
Christian Companions		281-646-9777
Encore Caregivers		713-568-1684
Hearts at Home		713-515-2567
Home Health Resources		281-398-3444
Home Instead Senior Care		281-819-2897
Pin Oak Caregivers		713-621-4040
Synergy Home Care		713-868-6112
Transition Home Healthcare		713-665-5471
Job Finding Services		
Job Corps		800-733-5627
Workforce Solutions		713-224-2875
Legal Assistance		
Advocate Legal Senior Center		www.senioradvocatetx.org
Elder law help		www.texaslawhelp.org
Lone Star Legal Aid		713-652-0077
Moving		
National Association of Senior Moving Managers		nasmm.org ; 877-606-2766
Overall Assistance		
Avenue 360		713-426-0027
Catholic Charities		713-227-9981
Christian Community Service Center Inc.		713-961-3993
Covenant House Texas * youth 18-20,		713-523-2231
Family Services of Greater Houston		713-861-4849
Gulf Coast Community Services		
Harris County Community Action		713-393-8700
Houston Area Urban League		713-393-8735
Interfaith Caring Ministries		281-332-3881
Larkin Community Center		713-869-9143

Resources

Name	Address	Contact
Adult Day Care		
Bering Omega	829 Hawthorne 77006	713-529-6071
Garden Oaks	905 W. 34th St. 77018	713-868-1515
Lighthouse for the Blind	3602 W. Dallas St. 77019	713-527-9561
Northline Adult Day Care	3910 North Frwy Bldg L 77022	713-699-1580
Old Yale Adult Day Care	4414 Old Yale 77018	713-695-6100
Care Management		
Sundance Care Specialists, Doug Reuschel, CMC;		832-434-8395
Child Care		
Avance Inc.		713-812-0033
Collaborative for Children		713-600-1100
Gulf Coast Community Services Association		713-393-4700
Harris County Department of Education		713-694-6300
Neighborhood Centers		713-667-9400
Health Care Services		
Acres Homes Clinic	818 Ringold	281-448-6391
AIDS Foundation		713-623-6796
Avenue 360	2150 W. 18th	713-426-0027
Baylor College of Medicine	8111 Lawn St.	281-847-9970
Teen Health Clinic		
Casa de Amigos	1615 North Main	713-222-2272
Casa Juan Diego	4818 Rose	713-880-3513
Central Care Health Center	1102 Pinemont	713-831-9654
Good Neighbor Healthcare Center	190 Heights Blvd.	713-529-3260
Harmony House	602 Girard	713-221-6216
Independence Heights Community Health Center	4040 Yale	713-290-0001
K.I.N.D.E.R. Rx Clinic	303 Jackson Hill Dr.	281-200-9123
Legacy Community Health Services	1415 California St.	832-548-5100
Montrose Clinic	1116 Jackson St.	281-888-4613
Northwest Clinic	1100 West 34th	713-861-3939
Pitner Clinic-Spring Branch	8575 Pitner Rd.	713-462-6545
Primecare Clinic	3033 Chimney Rock	469-450-2006
Salvation Army Men's	. 1717 Congress	713-223-8889

Housing - cont.

Name	Address	Contact
Homeless Resources		
Coalition for the Homeless	2000 Crawford	713-739-7514
Sally's House	1717 Congress	713-223-8889
SEARCH Homeless Services	2015 Congress	713-739-7752
Star of Hope-Men	1811 Ruiz	713-227-7827
Star of Hope-Women and Children	419 Dowling	713-222-2220
Housing Assistance Programs		
Avenue 360	2150 W. 18th	713-426-0027
https://familyreliefservices.org <i>helps with housing resources in the Houston area</i>		
https://section-8-housing.org <i>helps with governmental housing, rent assistance</i>		
Houston Housing Authority	2901 Fulton St.	713-224-1948
Houston Housing Authority	1600 Allen Pkwy.	713-651-1250
Independent Living		
The Forum at Memorial Woods	777 N. Post Oak Rd.	713-956-0870
Personal Care Homes		
Advanced Quality Assisted Living Inc.	717 Lehman St.	713-864-0627
Tranquility Personal Care Home	9006 Poco St.	713-783-2404

Human Trafficking

Name	Address	Contact
A 2nd Cup Catholic Charities	1111 E. 11th St. 2900 Louisiana	832-962-7656 713-874-6570
City of Houston Health and Human Services	8000 North Stadium Dr.	832-393-5169
Covenant House	1111 Lovett Blvd	713-523-2231 ext. 5623
FIEL Houston Inc.	6610 Harwin #214	713-364-3435
Harris County Health Services		
Immigration Counseling Center	6430 Richmond Ave.	713-566-2013
Legacy Community Health	1415 California	832-548-5125
National Human Trafficking Resource Center		1-888-373-7888
Tahirih Justice Center	1717 St. James Place St.	450 713-496-0100
We've Been There Done That		832-877-8933
YMCA International Services	6671 Southwest Frwy	713-339-9015

Veteran Resources

Name	Address	Phone
American Legion Post	3720 Alba Rd.	713-682-9287
Family Houston	4625 Lillian St.	713-861-4849
<i>Mon-Thur 8:00am – 6:00pm, Fri 8:00am – 5:00pm</i>		
Lone Star Veterans Association	170 Heights Blvd.	832-390-1249
<i>Mon-Fri 9:00am – 5:00pm</i>		
US Vets	4640 Main St.	832-203-1626
<i>Mon-Fri 9:00am-4:00pm</i>		
U.S. Veterans Initiative	1200 Binz St. Suite 290	832-203-1626
<i>Mon-Fri 9:00am-4:00pm</i>		

Disabled Resources

Name	Address	Contact
ARC of Greater Houston	3737 Dacoma St. # E,	713-957-1600
Mon-Fri 8:30am – 5:00pm		
Commission for the Blind and Disabled Rehab Services	427 W 20th St # 407,	713-802-3100
Mon-Fri 9:00am-5:00pm		
Communication Access Ability Group	1445 N Loop W Ste 900	713-807-1176
Mon-Fri 9:00am-4:30pm		
Disability Solutions	2423 North Fwy	713-802-2964
Mon-Fri 9:00am – 4:00pm		
Greater Houston Disabled Rehabilitation Commission	1475 W. Gray St.	713-521-3737
Mon-Fri 9:00am – 4:00pm		
Sign Shares Inc.	8866 Gulf Fwy # 225	713-866-7750
Mon-Fri 9:00am-5:00pm		
United Way-Greater Houston	99 Detering St #160	713.869.4373
Mon-Fri 8:00am – 5:00pm		
Mon-Thurs 8:30am - 5:30pm, Fri 8:30am - 4:30pm	3550 W Dallas St.	713-525-8400
The Center		
Mon-Fri 9:00am – 5:30pm		
50 Waugh Dr.		713-685-2300